



Elite

NPTEL ONLINE CERTIFICATION

(Funded by the MoE, Govt. of India)



Skill India
कौशल भारत - कुशल भारत



This certificate is awarded to

DR A PARIMALA GANDHI

for successfully completing the course

Stress Management



with a consolidated score of **77** %

Online Assignments	25/25	Proctored Exam	51.56/75
--------------------	-------	----------------	----------

Total number of candidates certified in this course: **2480**

Jul-Aug 2025

(4 week course)

Prof. Haimanti Banerji

Coordinator, NPTEL
IIT Kharagpur



Indian Institute of Technology Kharagpur



Roll No: NPTEL25HS140S443100516

To verify the certificate



No. of credits recommended: 1 or 2